



10-WEEK SAT STUDY PLAN

For School Partners

Structured weekly lessons,
practice, and full-length exams
to help students succeed.



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Dear School Partner,

We created this 10-week study schedule to offer you and your students some guidance in making the most of Magoosh SAT. We hope that, out of the box or with a few tweaks to suit your learning environment, this plan will help you to provide your students with a rich and comprehensive Digital SAT study experience while avoiding the overwhelm that can come with the SAT's varied curriculum.

This SAT schedule is more streamlined and structured than the ones we typically suggest for individual students. It is divided into 3 sections spanning a total of 10 weeks, but can easily be extended up to about 12 weeks or trimmed down to 8 weeks as your situation requires. If the pacing is relaxed substantially, this schedule could also be adapted with relatively little effort to cover a 15- to 18-week semester.

This schedule is divided into chunks we call assignments, each of which consists of a short lesson playlist and a set of associated quizzes and practice problems. These assignments range in estimated length from about 15 to 75 minutes. Alongside the assignments, every week from Week 2 through Week 9 includes a Custom Practice session in each section, so students are applying what they learn continuously rather than saving their practice for the end. In all, we expect the material outlined here to take just over 55 hours to complete, or about 5½ hours a week. This is comparable to our traditional self-study schedules and likely far too heavy for students who aren't enrolled in a class or getting class credit.

If you or your students need to **lighten this schedule**, we recommend keeping the Part A assignments intact and retaining 1 of the 2 practice exams. We also encourage students to keep an Error & Reflection log regardless of how many lessons they watch or problems they solve. What can be cut, then? That will depend on your cohort of students, but here are some considerations:

- If your students are consistently strong on their math fundamentals (for instance, if you teach in a science-and-technology-focused school or program), it will make sense to mark some of the arithmetic and foundational algebra topics in Parts A and B as optional.
- If your students are strong readers and writers in English, some of the more elementary grammar topics can be marked optional. On the other hand, if your school or program serves a population of English language learners, it will likely be important to hold onto these topics and consider making cuts elsewhere.
- The Essay assignments apply only to states and districts that administer the SAT School Day with Essay. If your students aren't taking the Essay, skip those assignments entirely.
- The weekly Custom Practice sessions are the easiest place to trim. Rather than skipping them, cut them back to 15–20 questions per section — steady, spaced practice matters more than volume.

If you wish to **extend this schedule** by a week or two, consider adding some of these activities for the gaps between sections:

- Intersperse short research assignments on colleges and college majors.
- Lead discussions or workshops on college applications.
- Devote time to teach general test-taking skills and stress reduction practices.

- Spread out the workload by moving practice exams and Error Log writeups into the gap weeks.
- Have students work in groups to discuss study habits and strategies (not scores!).

Magoosh 10-Week Digital SAT Study Schedule

When your SAT date is in the distant future (three months can seem like forever), it can be tough to stay focused and not get distracted by other more pressing deadlines.

The best way to stay on track and reach your goal is with a study schedule—so voilà! Save the study schedule below on your computer or phone, print it out, tape it to your mirror, check it off—whatever you need to do to keep yourself accountable. You will thank yourself when you ace the test.

How This Study Plan Is Organized

This is a weekly schedule that is designed to give you some flexibility. The SAT is important, but it shouldn't be your entire life. You need time to do other things, and you'll want to decide which days to devote to studying. The ideal schedule is 2–3 times per week. Some of these study slots need to be long enough for your practice exams—the Digital SAT runs about 2 hours and 15 minutes, so set aside about 2½ hours to take each one in test-like conditions.

One great option would be to set aside 1 hour on, say, Tuesday and Thursday, and 2½ hours on Saturday. Most weeks, you won't need to use all of that time, but routines can do wonders for peace of mind and focus.

The point is to dedicate specific days to study, so whether that means regular study on Monday, Wednesday, and Friday, or a marathon study session every Sunday, create your SAT study schedule as soon as possible.

Each Week, Your Homework Will Consist of Some Combination of the Following:

- **Magoosh Lessons:** View our lesson videos to learn strategies and review concepts. If you're completely comfortable with a topic already, you might want to skim through a lesson quickly. Never pass over a required lesson completely, though, because there might be helpful tips and tricks you didn't know.
- **Quizzes:** Short drills follow many of the lesson sets and are designed to help you practice the techniques you just learned. This year, we've added new practice sets throughout the program, so there is more opportunity than ever to apply each lesson right away.
- **Practice Questions:** Curated lists of practice questions test your conceptual knowledge a little more broadly and cumulatively than the quizzes do.
- **Custom Practice:** Every week from Week 2 through Week 9, you'll do a Custom Practice session of 30–40 questions in each section. You can find this feature by clicking on any of the section names at the top of your screen when logged into Magoosh. If you click "Math," for example, you will get a "Math Practice Questions" menu that lets you pick subjects to practice, along with difficulty level and number of questions. Select "Unanswered" and consider using the default "Adaptive" difficulty setting, which will adjust the difficulty based on your level of performance. As for subjects — favor the topics you've covered so far, plus anything that shows up frequently in your error log.
- **Answer Explanations:** Every practice question comes with a thorough text explanation, and many include a video explanation as well. Carefully read the explanation for every question you miss — and watch the video when one is available. The most important part of your SAT practice is learning how to identify where and why you make mistakes. Budget real time for this — it's built into the weekly practice sessions.
- **Practice Tests:** Twice during this study plan, you will need to set aside about 2½ hours to take practice exams, followed by a review session in which you analyze your results. This is massively important for building up your stamina and getting used to the digital, adaptive format of the test.

The items in **bold** are part of lesson-and-practice bundles we call *assignments*. You can think of these as similar to chapters in a traditional textbook. If you are working with an instructor, coach, or tutor, they will likely refer to the assignments by the titles used in your weekly schedule (e.g., "Algebra: Linear Functions" or "Grammar Rules: Boundaries - Part I").

Jumping Ahead with Lessons

It's always okay to watch lessons earlier than they're scheduled or watch them out of order. You'll also notice that when you finish answering and reviewing a practice question, lesson titles pop up with links to the videos that teach topics related to the question you just answered. If you have time, take the opportunity to watch some! You can always skim the transcript and then decide if it's worth watching all the way through.

Materials

- Magoosh SAT Premium Account
- College Board Bluebook™ app (for official practice exams and on test day)
- Notebook with 3 sections:
 - Notes from lessons and videos
 - Error & Reflection Log (described in Week 1)
 - Class notes (if applicable)
- Laptop or tablet (fully charged, with Bluebook installed)
- Pencils and scratch paper

Note: the Digital SAT has a graphing calculator—Desmos—built right into the testing app, and learning to use it well is part of this study plan. You may still bring your own approved calculator on test day if you prefer it.

Part A: Learn Strategies and Review Fundamentals

We cover a lot of ground during the first 4 weeks of this course. You'll be watching quite a few lessons, but you'll also be jumping into a significant number of practice questions in both sections of the test.

It's fine to watch lessons on a higher speed, but please discipline yourself to stick with them.

If you are strong on these topics already—especially in math—you may feel that some of this material is “easy” and can be skipped. We advise against it! The lesson videos will not only give you a good conceptual refresher, they will also cover the material in a way that applies specifically to the exam. If you put in the time to review the basics at least once, you will avoid making “rookie” mistakes and will be better able to identify—and fix—your true knowledge gaps.

Assignments for Part A

Reading & Writing	2:32 (+0:35*)
General Reading Strategies	22 min
Grammar Rules: General Strategies	14 min
Grammar Rules: Basics	22 min
Grammar Rules: Boundaries - Part I	28 min
Grammar Rules: Boundaries - Part II	31 min
Grammar Rules: Boundaries - Part III	35 min
*Essay - Part I	16 min
*Essay - Part II	19 min

**Optional item — the Essay applies only to SAT School Day administrations that include it. Check with your instructor or coach. Starred Essay time is not counted in the 2:32 total.*

Math	4:31
Introduction to SAT Math	30 min
Specific Math Strategies	42 min
Desmos Basics I	29 min
Desmos Basics II	38 min
Arithmetic: Foundations I	28 min
Arithmetic: Foundations II	42 min
Algebra: Fundamentals	18 min
Algebra: Linear Equations in One Variable	44 min

Practice Exam + Exam Review	4:00
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Weekly Custom Practice & Review (Weeks 2–4)	7:30
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Week 1: Introductory Lessons, Practice Exam

Our goal this week is to get you acquainted with the basics of the Digital SAT. The introductory lessons in each section are essentially a “tour” of that section, giving you a sense of what to expect before you jump into your first practice exam. On the Math side, we’ll also dig into specific strategies—like plugging in and backsolving—that can save you time and improve accuracy across the whole test. Next week, we’ll add one more strategic tool to your kit: the built-in Desmos calculator.

Reading & Writing

- General Reading Strategies

Math

- Introduction to SAT Math
- Specific Math Strategies

Error & Reflection Log

- Set up a log to track practice questions or exam questions you struggled with.
- Note the topic, why you missed the question, and what you’ll do differently next time. You’ll use this log every single week of the plan.

Practice Exam

This week, you will be taking a full-length practice Digital SAT. You have access to full-length practice exams through Magoosh, but your instructor or coach may prefer that you use one of the official adaptive exams available in the College Board’s Bluebook app. Be sure to check which exam you will be using, especially if you are using Magoosh SAT as part of a class.

When you take practice exams, try to mimic the conditions of the test as closely as possible: no phone, no music, and no TV! You need about 2½ hours of complete solitude for this. Use only the tools you’ll have on test day—the built-in Desmos calculator, scratch paper, and a pencil.

Exam Review (~1½ hours)

- Within a day or two of your exam, sit down with your results. Carefully read the explanations for the questions you missed (and watch the video explanations where available), and make your first entries in your error log: the topic, why you missed the question, and what you’ll do differently next time.
- This review session is where the score gains actually come from — treat it as seriously as the exam itself.

Week 2: Writing and Math

For the next several weeks, we'll be doing a little Math each week alongside the Reading & Writing section—starting on the “writing” side with grammar, then turning to the reading question types in Part B. This week is about groundwork: on the Writing side, we'll learn how to approach grammar (“rules”) questions efficiently. In Math, we'll get you fluent with Desmos, the graphing calculator built into the testing app—used well, it's one of the biggest advantages on the Digital SAT, and we'll lean on it throughout the rest of the plan.

Writing

- Grammar Rules: General Strategies
- Grammar Rules: Basics

Math

- Desmos Basics I
- Desmos Basics II

Weekly Practice (~2½ hours across the week)

- Custom Practice: 30–40 questions in Reading & Writing and 30–40 questions in Math (select “Unanswered”; use the Adaptive difficulty setting).
- Carefully read the explanation for every question you missed — and watch the video explanation when one is available — then update your error log.

Shorter quizzes and practice sets are also included in the assignments themselves.

Week 3: Writing and Math

This week, we'll take on the SAT's favorite grammar topic: boundaries—where sentences and clauses start and stop, and the punctuation that joins them. On the Math front, we'll shore up the arithmetic foundations—number sense, order of operations, fractions, decimals, and percents—that nearly every harder math topic is built on.

Writing

- Grammar Rules: Boundaries - Part I
- Grammar Rules: Boundaries - Part II

Math

- Arithmetic: Foundations I
- Arithmetic: Foundations II

Weekly Practice (~2½ hours across the week)

- Custom Practice: 30–40 questions in Reading & Writing and 30–40 questions in Math (select “Unanswered”; use the Adaptive difficulty setting).
- Carefully read the explanation for every question you missed — and watch the video explanation when one is available — then update your error log.

Shorter quizzes and practice sets are also included in the assignments themselves.

Week 4: Writing and Math

In this week's assignments, we'll wrap up our work on boundaries and—if your state's SAT School Day includes it—briefly go over the SAT Essay. In Math, we'll launch into algebra essentials. A lot of algebra and geometry questions will depend on your knowledge of (and comfort level with) arithmetic, so remember that you can always go back and review the arithmetic material from past weeks if you need to.

Writing

- Grammar Rules: Boundaries - Part III
- *Essay - Part I
- *Essay - Part II

Math

- Algebra: Fundamentals
- Algebra: Linear Equations in One Variable

Weekly Practice (~2½ hours across the week)

- Custom Practice: 30–40 questions in Reading & Writing and 30–40 questions in Math (select “Unanswered”; use the Adaptive difficulty setting).
- Carefully read the explanation for every question you missed — and watch the video explanation when one is available — then update your error log.

Shorter quizzes and practice sets are also included in the assignments themselves.

Optional assignments are starred.

Part B: A Deeper Dive

Now that you know the overall strategies for the Digital SAT and have reviewed the fundamentals, we're going to delve into some of the more technical aspects of each section. In Reading, we'll work through the question types one by one—vocabulary, purpose, structure, central ideas, and evidence. In Writing, we'll focus on how the SAT tests verbs, agreement, and sentence logic. Finally, we'll continue working our way up the SAT Math skill tree, moving from linear equations and systems into advanced math and the start of geometry.

Assignments for Part B

Reading & Writing	4:28
Craft & Structure - Part I: Vocab in Context	23 min
Craft & Structure - Part II: Purpose	26 min
Craft & Structure - Part III: Structure and Cross-Text Connections	33 min
Information and Ideas - Part I: Central Ideas and Details	34 min
Information and Ideas - Part II: Command of Evidence	38 min
Grammar Rules: Form, Structure, & Sense - Part I	40 min
Grammar Rules: Form, Structure, & Sense - Part II	26 min
Grammar Rules: Form, Structure, & Sense - Part III	19 min
Grammar Rules: Form, Structure, & Sense - Part IV	29 min
Math	6:29
Algebra: Linear Equations in Two Variables	75 min
Algebra: Linear Functions	35 min
Algebra: Solving Systems	39 min
Advanced Math: Fundamentals I	36 min
Advanced Math: Fundamentals II	35 min
Advanced Math: Fundamentals III	38 min
Advanced Math: Equivalent Expressions	25 min
Geometry Fundamentals	55 min
Geometry: Triangles	51 min
Weekly Custom Practice & Review (Weeks 5–7)	7:30

Week 5: Reading and Math

This week, the focus returns to Reading. Having sketched out the basics in Part A, we'll now work through the Craft & Structure question types: words in context, purpose, text structure, and cross-text connections. In Math, we'll take on the biggest algebra topic on the test—linear equations in two variables—and the function notation that goes with it. This is the heart of the Digital SAT's algebra, so give it the time it deserves.

Reading

- Craft & Structure - Part I: Vocab in Context
- Craft & Structure - Part II: Purpose
- Craft & Structure - Part III: Structure and Cross-Text Connections

Math

- Algebra: Linear Equations in Two Variables
- Algebra: Linear Functions

Weekly Practice (~2½ hours across the week)

- Custom Practice: 30–40 questions in Reading & Writing and 30–40 questions in Math (select “Unanswered”; use the Adaptive difficulty setting).
- Carefully read the explanation for every question you missed — and watch the video explanation when one is available — then update your error log.

Shorter quizzes and practice sets are also included in the assignments themselves.

Week 6: Writing and Math

This is one of our fullest weeks, so plan ahead! In Writing, we move from punctuation to the “form, structure, and sense” family: verbs, subject-verb agreement, tense, and parallelism. In Math, we’ll wrap up our algebra coverage with systems of equations, then immediately put those skills to work in advanced math fundamentals—exponents, radicals, polynomials, and factoring. If you fall behind this week, push the factoring material into Week 7 rather than skipping it.

Writing

- Grammar Rules: Form, Structure, & Sense - Part I
- Grammar Rules: Form, Structure, & Sense - Part II
- Grammar Rules: Form, Structure, & Sense - Part III

Math

- Algebra: Solving Systems
- Advanced Math: Fundamentals I
- Advanced Math: Fundamentals II
- Advanced Math: Fundamentals III

Weekly Practice (~2½ hours across the week)

- Custom Practice: 30–40 questions in Reading & Writing and 30–40 questions in Math (select “Unanswered”; use the Adaptive difficulty setting).
- Carefully read the explanation for every question you missed — and watch the video explanation when one is available — then update your error log.

Shorter quizzes and practice sets are also included in the assignments themselves.

Week 7: Reading & Writing and Math

The Reading & Writing question types we'll cover this week require high-level comprehension and analytical skills: central ideas, inferences, and command of evidence. If you find that you strongly prefer (or strongly dislike) these types of questions, take note! You can use these preferences to decide which problems to tackle when. Meanwhile, the Math march continues from algebra into geometry. Even if you are fairly comfortable with this material, it may be worth reviewing, since it's much easier to do well on trigonometry problems later if you are rock-solid in your understanding of triangle properties.

Reading

- Information and Ideas - Part I: Central Ideas and Details
- Information and Ideas - Part II: Command of Evidence

Writing

- Grammar Rules: Form, Structure, & Sense - Part IV

Math

- Advanced Math: Equivalent Expressions
- Geometry Fundamentals
- Geometry: Triangles

Weekly Practice (~2½ hours across the week)

- Custom Practice: 30–40 questions in Reading & Writing and 30–40 questions in Math (select “Unanswered”; use the Adaptive difficulty setting).
- Carefully read the explanation for every question you missed — and watch the video explanation when one is available — then update your error log.

Shorter quizzes and practice sets are also included in the assignments themselves.

Part C: Advanced Topics and Review

Now that we're in the last leg of the study plan, we're going to ramp up on the practice problems and scale back just a bit on the weekly lessons. You'll still be learning new SAT content (primarily math), but your main tasks are to review, consolidate, and apply what you've already learned. It's rewarding to see it all come together!

You'll keep up the weekly Custom Practice sessions you've been doing since Week 2—but in this part, they become the main event for Reading & Writing, since you've now seen nearly all of that section's lessons. When choosing subjects, hit "Select All" for a comprehensive challenge, or target the areas that show up most in your error log.

Remember to take care of your physical and mental wellbeing. If you're feeling wiped out, consider rewatching some introductory videos or search through the Magoosh blog for inspiration.

Assignments for Part C

Reading & Writing	0:42
Rhetoric: Expression of Ideas	42 min
Math	9:08
Advanced Math: Non-Linear Equations & Systems I	35 min
Advanced Math: Non-Linear Equations & Systems II	48 min
Advanced Math: Non-Linear Functions	41 min
Problem Solving & Data Analysis: Ratios, Rates, and Percents I	21 min
Problem Solving & Data Analysis: Ratios, Rates, and Percents II	27 min
Problem Solving & Data Analysis: Mean, Median, and Range I	27 min
Problem Solving & Data Analysis: Mean, Median, and Range II	26 min
Problem Solving & Data Analysis: Intro to Graphs	39 min
Problem Solving & Data Analysis: Probability, Samples, and Surveys	36 min
Geometry: Quadrilaterals + Other Polygons	50 min
Geometry: 3D Figures	48 min
Geometry: Circles	31 min
Geometry: XY Plane	29 min
Trigonometry: Fundamentals	32 min
Trigonometry: Unit Circle - Part I	33 min
Trigonometry: Unit Circle - Part II	25 min
Weekly Custom Practice & Review (Weeks 8–9)	5:00
Practice Exam + Final Review	4:00

Week 8: All-Section Review, Advanced Math

At this point, if you've been following the study plan, you have seen nearly all of the Reading and Writing content you will be expected to know on the test. This week we'll cover the last of it—rhetorical synthesis and transitions—and begin practicing across the whole section with Custom Practice. In Math, we're entering non-linear territory: quadratics, exponential functions, and their graphs. These lean heavily on the algebra and factoring skills from Part B—if you are still struggling with anything from those weeks, it may be wise to review it before moving on.

Reading & Writing

- Rhetoric: Expression of Ideas

Math

- Advanced Math: Non-Linear Equations & Systems I
- Advanced Math: Non-Linear Equations & Systems II
- Advanced Math: Non-Linear Functions
- Problem Solving & Data Analysis: Ratios, Rates, and Percents I
- Problem Solving & Data Analysis: Ratios, Rates, and Percents II

Weekly Practice (~2½ hours across the week)

- Custom Practice: 30–40 questions in Reading & Writing and 30–40 questions in Math (select “Unanswered”; use the Adaptive difficulty setting).
- Carefully read the explanation for every question you missed — and watch the video explanation when one is available — then update your error log.

Shorter quizzes and practice sets are also included in the assignments themselves.

Week 9: All-Section Review, Data Analysis and Geometry

Just as with last week, the name of the game for Reading and Writing is “practice and review.” This is your chance to surface any weak areas that you haven’t had a chance to work on until now, and to review any lessons that can help you shore up your knowledge in those areas. In Math, we’ll work through the Problem Solving & Data Analysis topics—statistics, graphs, and probability—and take on the next big chunk of geometry: quadrilaterals and 3D figures. This is a full week; if you need to trim, prioritize the topics that show up most in your error log.

Reading & Writing

- No new lessons — this week’s Custom Practice session is your Reading & Writing assignment.

Math

- Problem Solving & Data Analysis: Mean, Median, and Range I
- Problem Solving & Data Analysis: Mean, Median, and Range II
- Problem Solving & Data Analysis: Intro to Graphs
- Problem Solving & Data Analysis: Probability, Samples, and Surveys
- Geometry: Quadrilaterals + Other Polygons
- Geometry: 3D Figures

Weekly Practice (~2½ hours across the week)

- Custom Practice: 30–40 questions in Reading & Writing and 30–40 questions in Math (select “Unanswered”; use the Adaptive difficulty setting).
- Carefully read the explanation for every question you missed — and watch the video explanation when one is available — then update your error log.

Shorter quizzes and practice sets are also included in the assignments themselves.

Week 10: Last of the Math, Practice Exam

We're in the home stretch! There are two major goals for this week: block aside the time for your second full practice exam, and review the very last of the Math topics you'll likely encounter on test day—circles, the xy-plane, and trigonometry. If you have additional study time beyond that, use it to do one last run-through of any Reading & Writing topics that are still giving you trouble.

Math

- Geometry: Circles
- Geometry: XY Plane
- Trigonometry: Fundamentals
- Trigonometry: Unit Circle - Part I
- Trigonometry: Unit Circle - Part II

Practice Exam

- This time around, use an official adaptive exam in the College Board's Bluebook app. (If you're in a class or program, confirm which exam to use with your instructor or coach.) Remember that Magoosh academic-help specialists are happy to answer questions about official materials.

Final Review (~1½ hours)

- Review your exam results while they're fresh: carefully read the explanations for anything you missed (watching the videos where available) and finish out your error log.
- Use whatever is left of the session for one last pass through your weakest Reading & Writing and Math topics — your error log will tell you exactly where to spend it.

The Day Before the Test

Review your notes, your entire error log, and any flashcards you may be working with. Then, make yourself a “cheat sheet” of final reminders to review the morning of the exam. This can include things like “Check the boundaries between clauses!” and “Graph it in Desmos before you grind through the algebra.”

Make sure your device is ready: Bluebook is installed and up to date, you’ve completed exam setup, and your laptop or tablet is fully charged. Review last-minute test-day tips once more and pack your bag. Now, put away all your other SAT materials. Move your flashcards, books, and notebooks out of sight. Don’t do searches online about the SAT unless you need to check your admission ticket or the test location.

Instead, watch a movie (avoid caffeine), play sports, do art, talk with friends ... you get the idea!

Test Day

It’s test day ... which means no last-minute prep!

Do some light exercise, eat a full breakfast consisting of foods your body is used to digesting, and don’t make sweeping changes to your caffeine intake. If you normally drink caffeine in the morning, go ahead, but dial it down a notch because you probably have more adrenaline in your system than usual. Give yourself plenty of time to get to the test center.

Don’t forget:

- Admission ticket (from Bluebook)
- Fully charged laptop or tablet with Bluebook installed
- Power cord or portable charger
- Photo ID
- Approved calculator (optional—Desmos is built into Bluebook)
- Pencils or pens for scratch work
- Jacket or Sweatshirt
- Drink
- Watch
- Snack

Review your list of last-minute pointers before you go into the testing center so you can walk into the test confident that you have put in ten weeks of hard work and are ready to show it!